

A Sewing Pattern Designed by Bonnie Ferguson

[www.fishsticksdesigns.com](http://www.fishsticksdesigns.com)

Copyright 2014

All content within this document including but not limited to the pattern and instructions is copyrighted. Electronic reproduction and/or distribution is prohibited by law. This pattern is intended for the use of the individual purchaser. Finished products created from this pattern by an individual at home can be sold. Mass production is expressly prohibited. For more information on sew-to-sell guidelines, see <http://www.fishsticksdesigns.com/sewn-for-you/>.

This Kitchen Gift Set is a perfect thank-you gift for all of those holiday party hostesses! The tutorial includes pattern and instructions for fold-over, oven-mitt potholders and matching dishtowels.

### **FABRIC AND NOTIONS**

You'll be able to get two matching potholders and two coordinating dish towels from one yard each of two coordinating cotton prints. You'll also need 1/4 yard of Insul-Bright or another insulating fleece for the potholders and 1 yard of absorbent cotton fabric for the backing of the dishtowels (diaper fabric, waffle weave, pique, huck toweling, etc.)



Let's start with the potholders! Start by printing the pattern pieces on Page 10. (Be sure to print "actual size" and check the measurement of the 2 1/2" square.) Cut out all of your pieces. For each potholder, you'll cut 2 pocket pieces of Fabric A, 2 pocket pieces of Fabric B, 2 base pieces of Fabric B, 2 base pieces of Insul-Bright, 2 trim pieces - 7" x 2", and 2 ruffle pieces - 12" x 2 1/2".



Fold each of your ruffle pieces over with the wrong sides together and match up the long edges. Press well.



Sew two rows of basting stitches (the longest stitching your machine allows) along the long raw edges — one at 1/8" and one at 1/4" — leaving the threads on each end 2 to 3 inches long.



Pull the bobbin threads from each end to gather each ruffle until it is the same length as the trim piece.



Set one ruffle aside. Pin the gathered edge of the remaining ruffle to the right side of one trim piece along one of the long edges. Check to make sure that your gathers are evenly divided. (You can baste here if you'd like.)



Place one of the Fabric A pocket pieces on top so that the right sides of the trim piece and the pocket piece are together and the ruffle is sandwiched between. Line up the edges as shown and pin in place.



Sew the pinned edge.



Flip the pieces to the right side and press the ruffle towards the curved edge of the pocket piece while pressing the seam allowance in the opposite direction. Topstitch 1/4" from the top edge of the ruffle.



If you find that you have small spots on each side where the ruffle sticks out. Just flip the pocket piece over and trim those off.



Pin the long edge of one Fabric B pocket piece to the remaining raw edge of the trim piece with the right sides together. Sew the pinned edge.



Flip the pieces apart and press the seam allowance toward the ruffle.



Fold the pocket over so that the wrong sides are together and the curved edges are all lined up. Press well. Follow the same steps to assemble the remaining pocket.



Set your pocket pieces aside for now. Take one of your base pieces and draw a quilting grid on the right side of it. I used one of my Frixion pens to do this, but you can use a washable or disappearing marker, as well. I placed my lines 1 3/4" apart, starting from the center in each direction.



Pin this piece on top of two layers of Insul-Bright.



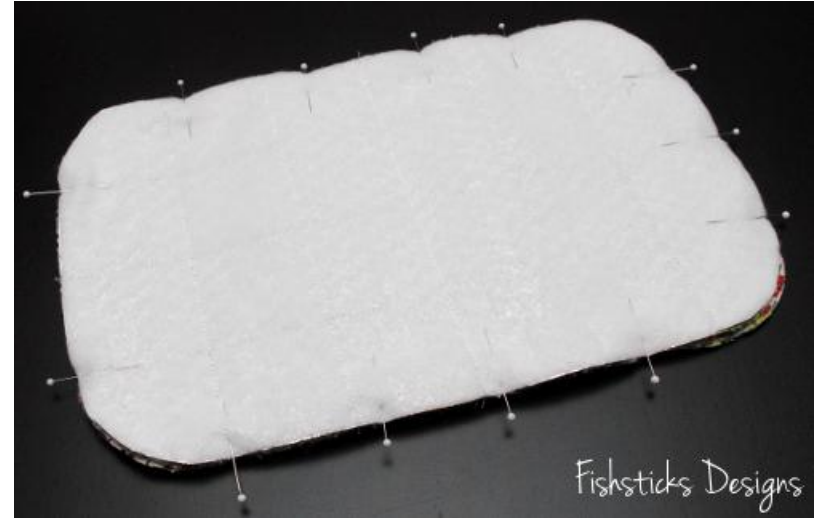


Stitch down each line, starting with the center line and working out. (If your machine has a walking foot, use it for this step and the remaining steps to help keep your fabrics from slipping while you're sewing.)

Place your finished pocket pieces on top of the remaining base piece, lining up the curved edges as shown.



Flip the quilted base piece/Insul-bright over on top of these so that the right sides are together and the pocket pieces are sandwiched between. Pin in place.



Stitch all the way around, leaving an opening for turning in one short end. Clip or trim the curves before turning right side out.



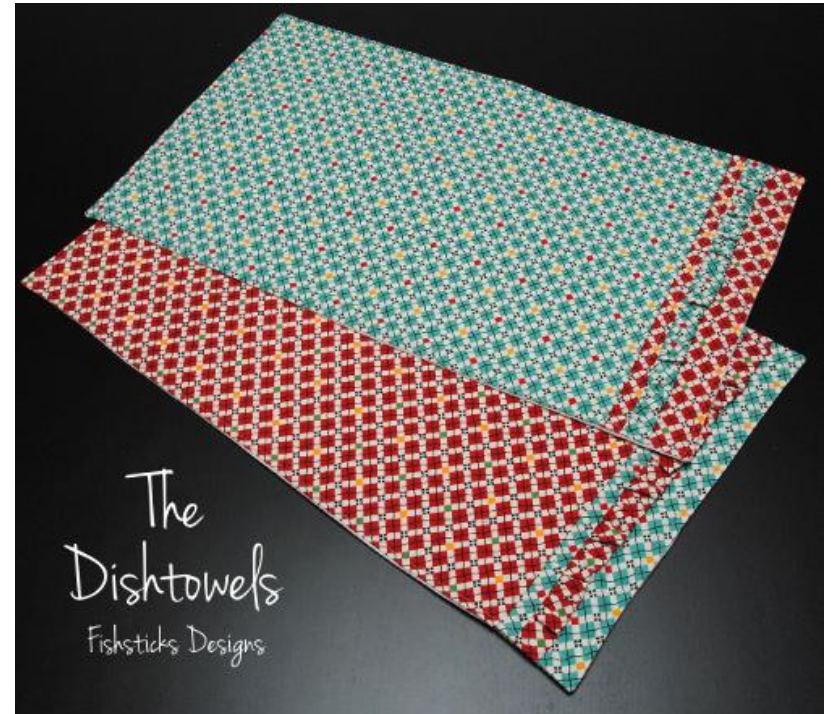
Turn through the opening and push the corners out neatly. Tuck the raw edges of the opening in and press well. Pin the opening closed.



Topstitch all the way around at 1/4". (In addition to using your walking foot for this step, a denim needle will help to prevent skipped stitches when going over the thick areas.) Your first potholder is done! Now you just need to make it a mate.



Let's move on to the dish towels!



Start by cutting out your pieces. You'll need a layer or two of absorbent fabric. (I'm using two layers of [diaper cloth](#) from Joann Fabrics. Be sure to wash and dry all of your fabrics before getting started!) For each dishtowel, you'll cut these pieces:



1 or 2 layers of absorbent fabric - 23 1/4" x 14" (if you cut two layers, you'll treat them as one from here on),  
1 Fabric A main piece - 21" x 14",  
1 Fabric A ruffle piece - 22" x 2 1/2",  
1 Fabric B large trim piece - 3" x 14" and 1 Fabric B small trim piece - 1 1/2" x 14".

Follow the same steps that you used for the potholders above to create your ruffle.



Pin the gathered edge along one long edge of the smaller trim piece on the right side.



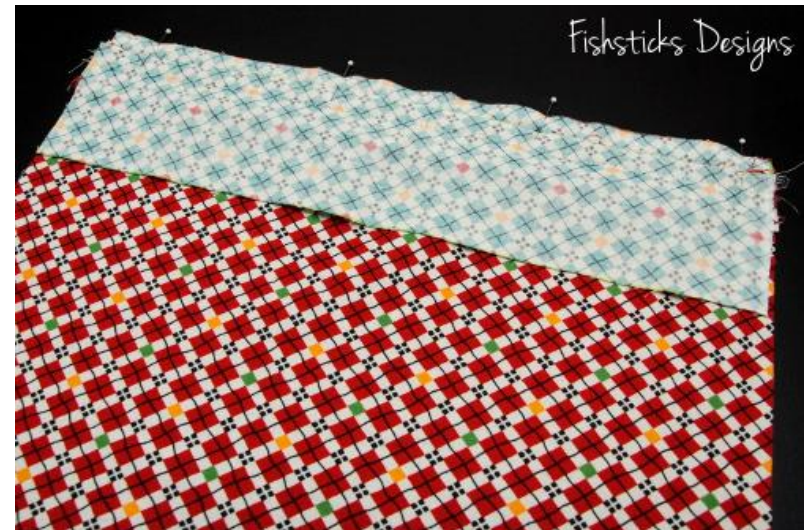
Place the larger trim piece on top so that the right sides are together and the ruffle is sandwiched between. Line up one of the long raw edges of the larger trim piece with the pinned edges of the ruffle and smaller trim piece and pin in place. Sew along the pinned edge.



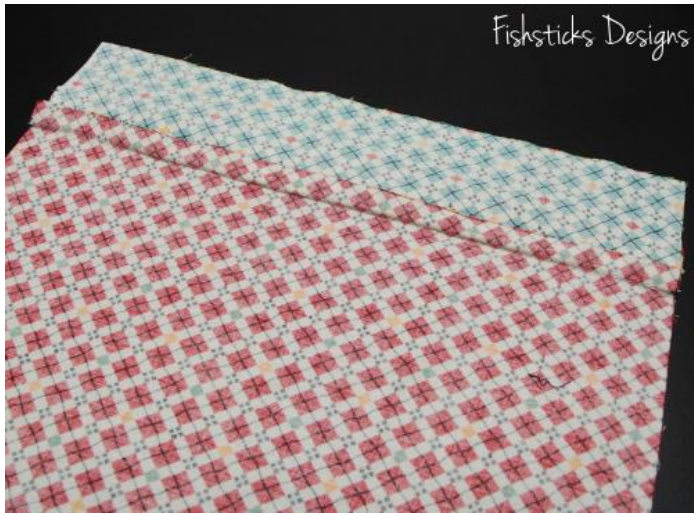
Flip the pieces over to the right sides. Press the ruffle towards the larger trim piece with the seam allowance in the opposite direction, but do not topstitch yet.



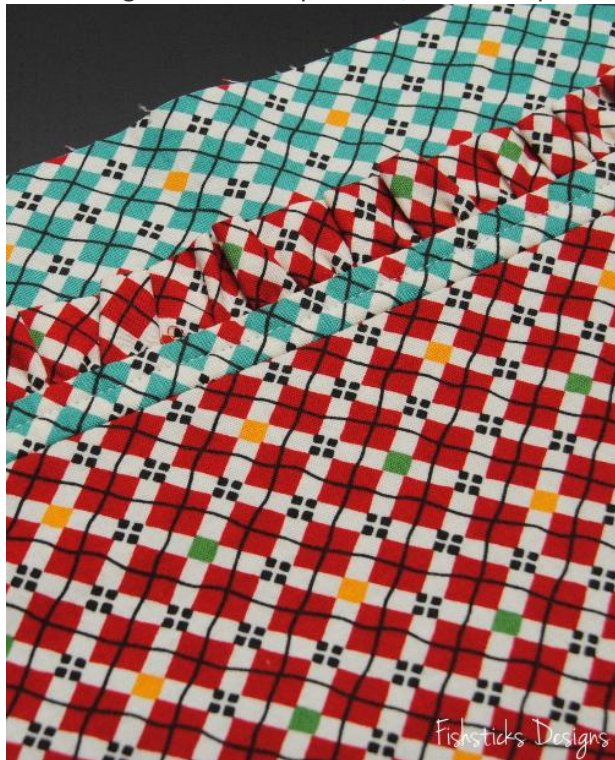
Line up the remaining long raw edge of the smaller trim piece along one short edge of the main towel piece with the right sides together. Pin and sew.



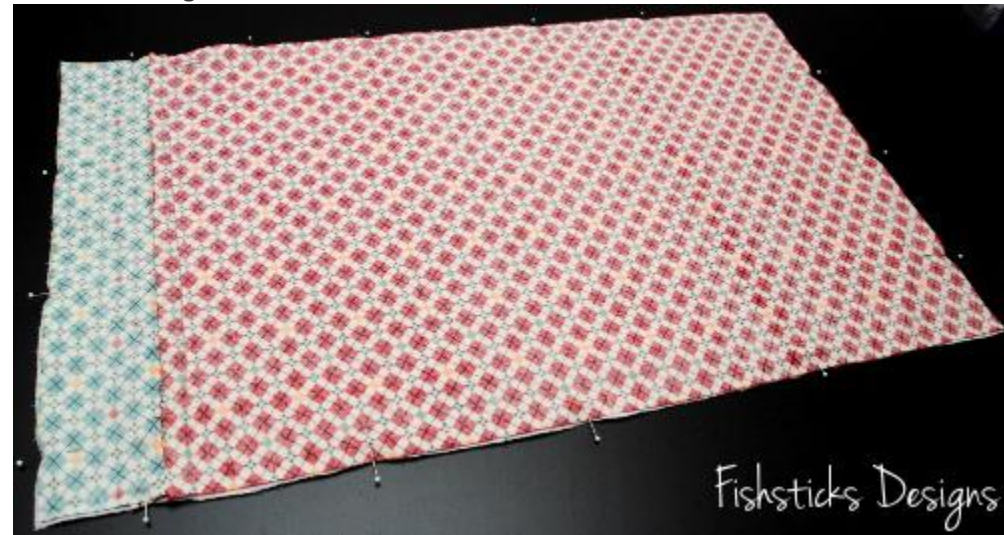
Flip the pieces apart and turn to the wrong side. Press this seam allowance over the seam allowance from the ruffle.



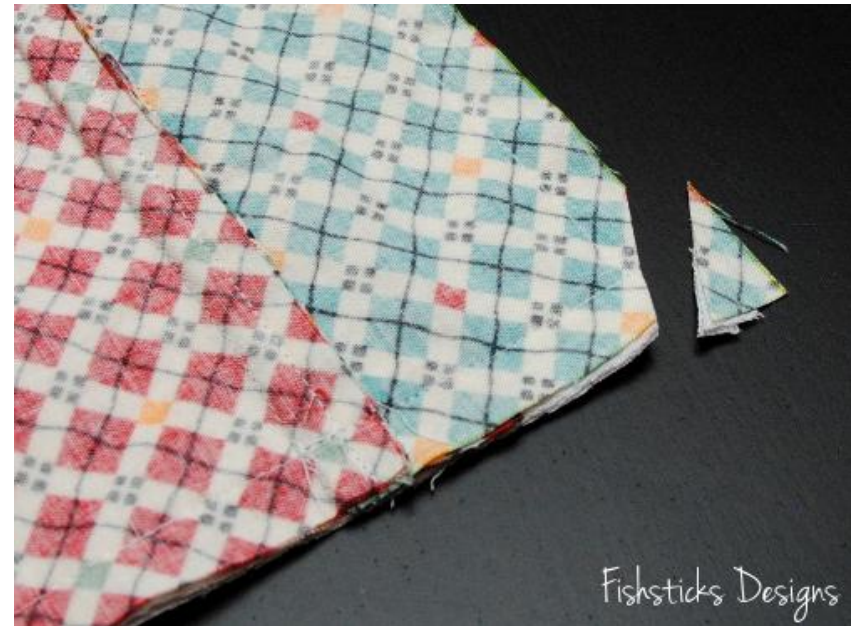
Flip back over to the right side and topstitch 1/4" from top of the ruffle.



Place the finished top face down on your absorbent layers so that the right sides are facing. Pin.



Stitch all the way around, leaving a 4" opening in one side for turning. Clip the corners.

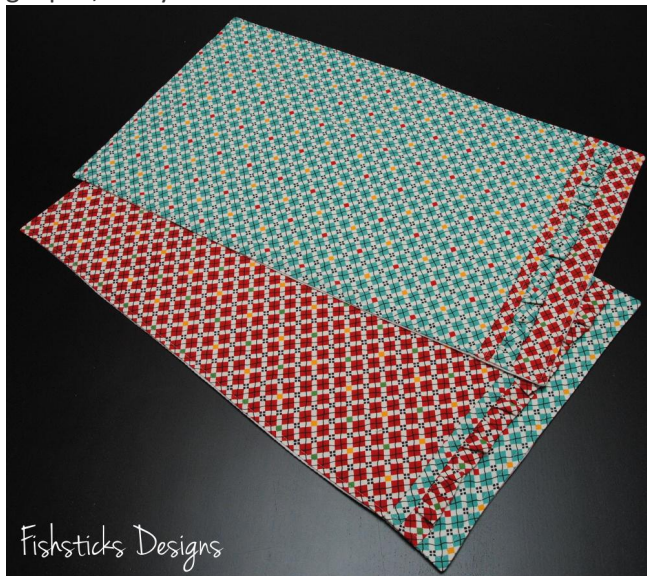




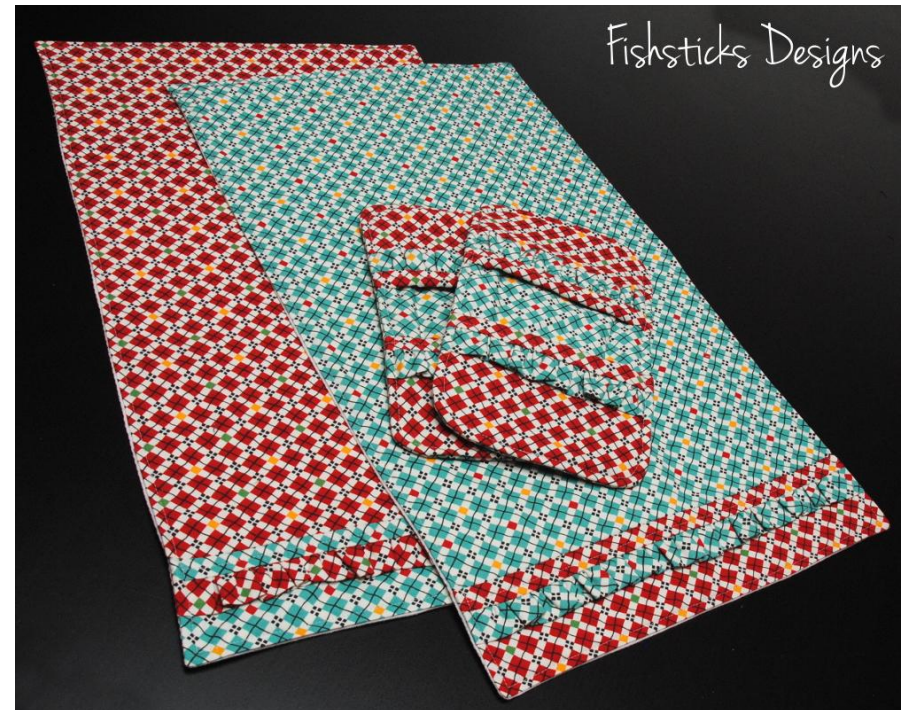
Turn the towel through the opening. Push the corners out neatly and tuck the raw edges of the opening inside. Press well and topstitch all the way around at 1/4".



Your dish towel is done! Make a second one if you'd like, and your Kitchen Gift Set will be ready to gift to your favorite hostess! Wrap it up with some baked goodies, or maybe even a bottle of your favorite aromatherapy dishwashing liquid, and your hostess will be thrilled!



If you've enjoyed this tutorial, I'd love for you to come visit me at the [Fishsticks Designs Blog](#)! I've got lots more tutorials, patterns and recipes to share.



*Wishing you and yours a Happy  
Thanksgiving and a very Merry  
Christmas!*

*-Bonnie*